

CALENDAR of events

City of Mount Gambier

POSITIVE AGEING PROGRAM

Monday 21 October to Friday 1 November 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Mon-Fri throughout: Free City Bus Transport* thanks to Mount Gambier Bus Lines & Specially discounted cinema tickets* thanks to Oatmill Cinema (until 5pm) <small>*conditions apply - see below</small>	21 10.30am Ancient Rome Guided Tour (The Riddoch & Main Corner Complex)	22 9am-12noon Tech Savvy Seniors (Mount Gambier Library) 2:00pm Becoming a local guide or storyteller (Mount Gambier Visitor Centre)	23 2:00pm Planting your Family Tree (Mount Gambier Library)	24 10:00am Meditation Circles with Watercolours (Mount Gambier Library) 6pm-8pm Toga Life Drawing (The Riddoch & Main Corner Complex)	25 Mount Gambier A&H Society Spring Show 6:30pm Billy Connolly: The Sex Life of Bandages (Oatmill Cinema) Licensed.	26 Mount Gambier A&H Society Spring Show
27 1:00pm Billy Connolly: The Sex Life of Bandages (Oatmill Cinema) Licensed. Includes a Scottish afternoon tea.	28 10:00am Trash or Treasure Bus Tour (Departs Mount Gambier Visitor Centre)	29 10am - 2pm Ageing Well Lifestyle Expo (Mount Gambier Marketplace)	30 10:30am Ancient Rome Guided Tour (The Riddoch & Main Corner Complex)	31 2:00pm Virtual Reality (The Riddoch & Main Corner Complex) 6pm - 9pm Italian Masterclass with Chef Ian Perry (The Riddoch & Main Corner Complex)	1 10:00am ReUse Market Exclusive Shopping Experience (ReUse Market) 2:00pm Virtual Reality (The Riddoch & Main Corner Complex)	<i>Please note: some events have limited spaces available and require pre-booking. See program text for more information.</i>

Get out and about with FREE PUBLIC TRANSPORT!

Thanks to Mount Gambier Bus Lines, we invite you to board the Mount Gambier City Bus to any activity listed on this program or just simply take a ride around Mount Gambier and reacquaint yourself with the Monday to Friday public transport service. Please present a valid Seniors Card to receive free transport on any service from Monday 21 October to Friday 1 November 2019.

For more information visit www.buslinksa.com or phone 8724 9978.

Specially discounted CINEMA TICKETS!

Thanks to the Oatmill Cinema Complex, persons aged 55+ (ID required) or Seniors Card holders can purchase movie tickets for screenings commencing before 5:00pm on weekdays throughout the Positive Ageing Program period for the discounted price of \$7.50 (or \$5 for Silver Card members).

Silver Card memberships can also be purchased for \$10.00 providing 12 months of:

- Discount ticket prices
- Discount on selected candy bar products, including handmade choc-tops.
- Exclusive offers and competitions.

For more information visit www.oatmill.com.au or phone 8724 9150.



Monday 21 October to Friday 1 November 2019

Activities for people aged 55+ in our community

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Ancient Rome Guided Tour - \$5

(special Positive Ageing Program rate)

Monday 21 October 10:30am

Wednesday 30 October 10:30am

The Riddoch & Main Corner Complex

Ancient Rome: The Empire that Shaped the World is an award-winning exhibition with more than 200 exhibits including artefacts, catapults, frescoes, armour, weapons, busts painstakingly reconstructed from ancient Rome records. Join a special guided tour of the exhibition and enjoy a hands-on experience of one of the most remarkable periods in human history. No bookings required, however a maximum of 30 people can be admitted per tour on a first in-first served basis.

Tech Savvy Seniors: One-On-One Help - FREE

Tuesday 22 October 9:00am - 12noon

Mount Gambier Library

Personal and friendly assistance designed to make it easy for you to safely and confidently use technology. Staff will endeavor to assist with all enquiries from using the internet or your phone to email and paying bills online. Bookings are essential. Phone 8721 2540.

Becoming a local guide or storyteller - FREE

Tuesday 22 October 2:00pm

Mount Gambier Visitor Centre

Mount Gambier is full of stories that are waiting to be brought to life, whether it is the geological wonders, heritage buildings or the local's experiences. Join us to learn how we can deepen the experiences of our visitors and share these stories by becoming an official Guide of Mount Gambier. This will be followed by an afternoon tea and tour of the Mount Gambier Visitor Centre's Discovery Centre. RSVP by Monday 21 October to mbrookes@mountgambier.sa.gov.au

or phone
8724 9750.



Planting Your Family Tree - FREE

Wednesday 23 October 2:00pm

Mount Gambier Library

For family history beginners, this session will provide useful hints and tips for starting to research and compile your family tree. Learn about primary and secondary sources, places to look for information and what to do with any twisted branches you may find along the way. Bookings are essential. Phone 8721 2540.

Meditation Circles with Watercolours - FREE

Thursday 24 October 10:00am

Mount Gambier Library

Discover how therapeutic experimenting with watercolours can be! No artistic experience necessary. All materials supplied. Bookings are essential. Phone 8721 2540.

Toga Life Drawing - \$45

Thursday 24 October 6:00pm - 8:00pm

The Riddoch & Main Corner Complex

A model wearing Ancient Roman costume will pose while you graze upon a cheese platter, sip on red wine and create a beautiful artwork. This is a relaxed style workshop with guidance by April Hague and Jane Van Eeten. Costs include all materials, a glass of wine and nibbles. Limited spaces. Bookings are essential. Phone 8721 2563.

Mount Gambier A&H Society Spring Show

Adults \$16, Pensioners \$10

Friday 25 October & Saturday 26 October

Mount Gambier Showgrounds

The Mount Gambier Show is the largest of its kind in regional South Australia. Attracting more than 10,000 people annually, the show features trade stalls, exhibits, beef and dairy cattle, horses in action, sheep, yard dog trials, log chopping and a range of free entertainment. Fireworks on Saturday at 9:00pm.

For more information phone 8725 1873.

Join us as we celebrate positive ageing with a range of specially programmed events, activities and opportunities to get out and about in Mount Gambier.

Billy Connolly: The Sex Life of Bandages

General Admission \$25, Seniors Card \$20

Friday 25 October 6:30pm (licensed); and

Sunday 27 October 1:00pm (includes a

Scottish afternoon tea)

Oatmill Cinema Complex

Hailed as the UK's most influential comedian of all time, legendary Scot Billy Connolly presents this brilliant show from his final stand-up tour. Recorded in 2015, this whip smart routine is a riotous journey filled with outrageous tales and blistering observations of everyday absurdities. Connolly will also reflect on his relationship with Australia and muses upon his career, life and legacy in a deeply personal interview filmed exclusively for cinema audiences. Tickets from the box office. For more information phone 8724 9150.

Trash or Treasure Bus Tour - FREE

Monday 28 October 10:00am

Departs Mount Gambier Visitor Centre

Ever wondered what happens to your waste after the truck empties your bin or when you deliver something to the Waste Transfer Station? Join us on a guided tour as we follow the path of unwanted items, waste and recyclable goods from the Waste Transfer Station to the ReUse Market and Caroline Landfill. Demystify the confusion about 'which bin for what' and gain an insight into work being done to reduce Mount Gambier's contribution to landfill. Strictly 30 seats available. Bookings are essential. Phone 8721 2563.

Ageing Well Lifestyle Expo - FREE

Tuesday 29 October 10:00am - 2.00pm

Mount Gambier Marketplace

(outside Big W)

Free Morning Tea from 10am til 11am in the Food Court

A 'one stop shop' for information on products and services available to people aged 55+ throughout our region. View displays, information booths and trade stalls and get the latest ideas and information in one place whilst taking advantage of special prices and offers available throughout the centre for one day only. For more information call Mount Gambier Marketplace on 8724 8798.

Main Corner Complex Virtual Reality (VR) Experience - FREE

Thursday 31 October 2:00pm

Friday 1 November 2:00pm

The Riddoch & Main Corner Complex

Media and VR Studio

Discover the immersive experience of virtual reality and be taken to places that only our imagination could achieve.

Explore galaxies, roam with dinosaurs, ride rollercoasters. Join us for a guided tour of all that virtual reality has to offer from the comfort and security of a chair. No bookings required.



Italian Cooking Masterclass with Chef Ian Perry - \$80

Thursday 31 October 6:00pm

**The Riddoch & Main Corner Complex
City Hall Kitchen**

Join Chef Ian Perry in a hands-on masterclass in the City Hall Commercial Kitchen as he takes you on an Italian culinary journey to create hand rolled pasta, braised fava beans and artichokes. Price includes cooking session and recipe handout followed by a shared meal and complimentary glass of wine from Caroline Hills Winery. Very limited spaces. Bookings are essential. Phone 8721 2563.

ReUse Market Exclusive Shopping Experience - FREE

Friday 1 November 10:00am

Heard about the ReUse Market but are yet to visit yourself? Avoid the crowds and partake in a leisurely browse of the treasures available. Pick up a bargain, enjoy a special morning tea and refreshments and hear a short presentation about the mission and objectives of the ReUse Market.

Note: only items that can be carried by hand will be available for purchase on the day. Limited to 30 people only. Bookings essential. Phone 8721 2563.